



PRICE LIST  
Medical Services

Aesthetic & Lifestyle Medicine

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1 February 2021. Please note that prices subject to periodic updates.

# Medical Consultations

## Virtual GP Consultation

£120

If you would like to discuss your medical concerns with a GP, please book this appointment. During this video consultation, your doctor will discuss your health concerns, offer health advice or treatment for a symptom or condition and formulate an agreed management plan, which may include a prescription for treatment, advice on investigations as well as plans for follow-up. Should your GP need to examine you in person they'll direct you to our nearest clinic for a second appointment. You will receive a discount off your face-to-face appointment

## Face to Face GP Consultation

£125

If you would like to discuss your medical concerns with a GP in one of our clinics, please book this appointment. During this consultation, your doctor will discuss your health concerns, examine you, offer health advice or treatment and formulate an agreed management plan. This may include a prescription for treatment, advice on investigations as well as plans for follow-up.

## Virtual GP Follow up Consultation

£90

This appointment should be booked to discuss ongoing, known health concerns, results of investigations or to plan further steps in your treatment plan via video consultation.

## Face to Face GP Consultation

£95

This appointment should be booked to discuss ongoing, known health concerns, results of investigations or to plan further steps in your treatment plan with your GP in the clinic.

## Email Advice

£50

This service is designed to allow you to email a GP with non-urgent queries or questions. This service is not suitable for new medical problems or something that you have not discussed with your GP previously.

We will endeavour to deal with your email as quickly as possible. However, please note that it may take up to 24 hours for you to receive a reply,

Please note that if the GP feels that they are unable to offer you the best service over email then you may be asked to attend the Surgery for a consultation.

## Vitamin B 12 Injection

£75

Vitamin B12 is essential in maintaining a healthy nervous system, brain, and the formation of red blood cells (erythrocytes). If you have a deficiency, its best to replace or replenish the missing nutrient. If this can't be done sufficiently through diet, good levels of Vitamin B12 can be achieved through injections. This is a prescription medication and can only be ordered after a medical consultation. □

## Phlebotomy

£30

We offer a wide range of blood tests at our clinics. Samples are sent to the laboratory via a courier service, and we will receive the results. You will need to book an appointment to discuss your results in detail.

# Hormonal Health

## Hormonal Health First Consultation (includes a follow-up)

£245

The initial consultation for hormonal health is 45 minutes and can be conducted over the phone, video or face to face. Your doctor will discuss your concerns, symptoms, goals and possible treatment options. These may include bio-identical or conventional HRT, as well as lifestyle changes and supplementation. Your doctor may request a number of blood tests and other examinations, such as pelvic ultrasound scan and mammogram. They will need to see the results of these investigations before they can prescribe you hormones. Blood tests can be taken during the same appointment if it is a face-to-face consultation. If you opt for a remote consultation and need a blood test, we can send you a blood form. Your blood test can be taken at the clinic, or at The Doctors Laboratory (Wigmore Street). Please note: if you have periods, blood tests normally need to be taken on day 21 of your cycle. Blood test fees are charged separately, the prices are on our website.

The follow up consultation will be scheduled one to two weeks after your blood test. This can be in person or via a video call and lasts 20 minutes. At this time your doctor will discuss the results of your blood tests and possible management options. Your personalised treatment plan will be created to your specific requirements. For bio-identical hormone treatments your prescription will be sent to the Specialist Pharmacy. You will then need to telephone them on 0207 638 1055 or visit [specialist-pharmacy.com](http://specialist-pharmacy.com) to order your medications.

We follow up our patients at 3-6 months intervals. The cost for follow up consultation is £95 plus additional blood test fees should any be required.

# Medical Weight Loss

First consultation (includes a follow-up)	£245
Follow-up consultation	£125
Repeat prescription (where appropriate)	£25
Syringe needles	£10
Sharp's bin	£5
Delivery (UK mainland)	£10

## SLENDER WONDER

Slender Wonder Month 1	From £325
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Your initial consultation will include a health check, setting your target weight and planning your bespoke programme. In some cases, your doctor will suggest blood tests to rule out medical issues that have led to weight gain, or that might be hampering your ability to lose weight. These will be discussed with you and there will be an additional cost if these are done privately.

You will have a follow-up consultation after 2 weeks. This is an opportunity to track your progress and for your doctor to provide ongoing support. We offer virtual consultations for your convenience.

The cost for Month 1 includes an initial consultation and follow-up, your prescription and your initial Slender Wonder Product Pack - 900g Wonder Shake, Herbaboost, Magnetine, Pyruvite, Omega 3, Wonder Cleanze, CLA (Conjugated Linoleic Acid), recipe book, and small neoprene travel bag]. Prescription medication and medical consumables are not included in this price. We will issue the prescription and arrange for medication to be delivered directly to you by the pharmacy. The injections cost from £95 per pen. Dosing is bespoke to the individual, and you will need at least 1 pen a month.

## Slender Wonder Continuation

From  
£295

For ongoing weight loss, you will continue to follow a nutritionally-complete, low GI eating plan which supports your body in burning stored fat. The Slender Wonder supplements help to support you to lose weight and to maintain health and wellbeing. Appointments with your doctor act as an ongoing review process and are an opportunity to track your progress and provide ongoing support.

The monthly cost will include: a consultation with your doctor, a prescription for medication and medical consumables as well as the following products: Wonder Shake 900g, Herbaboost, Magnetine, Pyruvite, Omega 3, CLA, and or PLA. Prescription medication and medical consumables are not included in the cost.

You will move to the stabilisation phase once you have reached your target weight. This is designed to prevent weight gain when you move out of the weight loss phase.

## DIMAGRA<sup>®</sup> MEDICAL KETO PROGRAMME

Dimagra<sup>®</sup> is a ketogenic diet programme, providing both intensive and maintenance phases. It introduces you to a low-carbohydrate lifestyle whilst safely tackling harmful fat accumulation in the abdomen. Unlike alternative low-calories diets, Dimagra<sup>®</sup> promotes a rapid and significant reduction of the circumference, especially around your waist, hips, buttocks and thigh areas.

### Dimagra<sup>®</sup> Phase 1: 21 days

From  
£285

The cost includes an initial consultation with your doctor to ensure that you are suitable for a ketogenic medical weight loss plan along with a 21 day Dimagra<sup>®</sup> pack containing protein shakes, vitamin and mineral supplements and a meal plan to increase fat loss, improve skin tone and reduce visceral fat. In some cases, your doctor will suggest blood tests to check your liver and kidney function or to rule out medical issues that have led to weight gain, or that might be hampering your ability to lose weight. These will be discussed with you and there will be an additional cost if done privately.

## Dimagra® Keto Phase 2: 42 day Maintenance plan

From  
£285

The cost includes a consultation with your doctor to track your progress and to provide ongoing support. You will also receive a Dimagra® maintenance pack containing protein shakes, vitamin and mineral supplements and a meal plan to continue your fat loss, improve your skin tone and reduce visceral fat.

## Dimagra® Keto box (21 day or 42 day plans)

£200

